



The Newsletter for the Norfolk and Norwich Group

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July/August 2017

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www.roadanorfolk.org.uk

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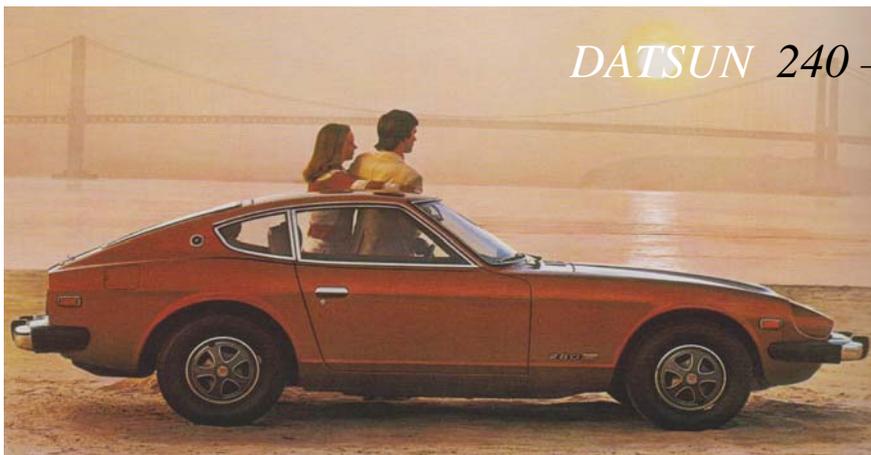
Chairman's Chunterings....

Commentary Driving.....



Holiday time again and the weather at the moment does appear to be set fair! It is that time when our cars come in for longer than usual journeys and carry greater loads than normally. It is my usual request at this time of year to ask you to ensure that your car is up to the 'job'. Is the Service due? Do not miss it. Check tyres for wear and pressure. Make sure that loads in or on the car are evenly distributed. Ensure that you have everything you require to be legal where-ever you are going. As an example I think of France where you must have a reflective jacket, a warning triangle and carry a breathalyser kit. Jacket and triangle are also a good idea in the UK, not compulsory, but useful in an emergency. Spare bulbs. The advice is not exhaustible but remember to make sure your mobile phone is charged (do not use whilst driving – in any country). Have some food (biscuits) with you and water. I could keep on going, but I hope you get the idea. The last thing to say is have a very good holiday, plenty of relaxation and fun, and when leaving home do not leave one of the children behind by mistake!!!

 This month the Newsletter is reduced in size. I have not received any copy, letters, or info for me to publish. I still ask for articles, driving related or otherwise to make it interesting for our readers. Maybe I will get some stories of your adventures on this holiday.



DATSUN 240 – Z

*Production: 1969 – 1978
 0 – 60 MPH - 8.2 seconds
 Top Speed: 108 MPH*

Americans loved it.

What's On

FORTHCOMING EVENTS

UNLESS OTHERWISE NOTIFIED
7.30PM AT THE PAVILION, OAKFIELD ROAD, CRINGLEFORD

**ALL MEMBERS ARE REMINDED THAT THE MEETINGS ARE HELD
ON THE 4TH WEDNESDAY OF EACH MONTH.
THIS IS NOT ALWAYS THE LAST WEDNESDAY**

MEETINGS

JULY

Wednesday, 26th July 2017

Details of this month's speaker have not been confirmed at the of "going to press" but we are hoping for Blood Bikes member to attend and give us a good run down on their operations. Nevertheless, it will be a very interesting evening as all the speakers arranged by your Committee have been. If the speaker cannot make the evening there will be an in-house presentation, DVDs, open forum or, as a last resort, the chairman carries a Roadcraft and Highway Code exam – bring a pen! Please come along, there will be free tea or coffee, a big raffle and a chance for you to mingle with like minded drivers and swap ideas.

AUGUST - NO MEETING

SEPTEMBER

Wednesday, 27th September 2017

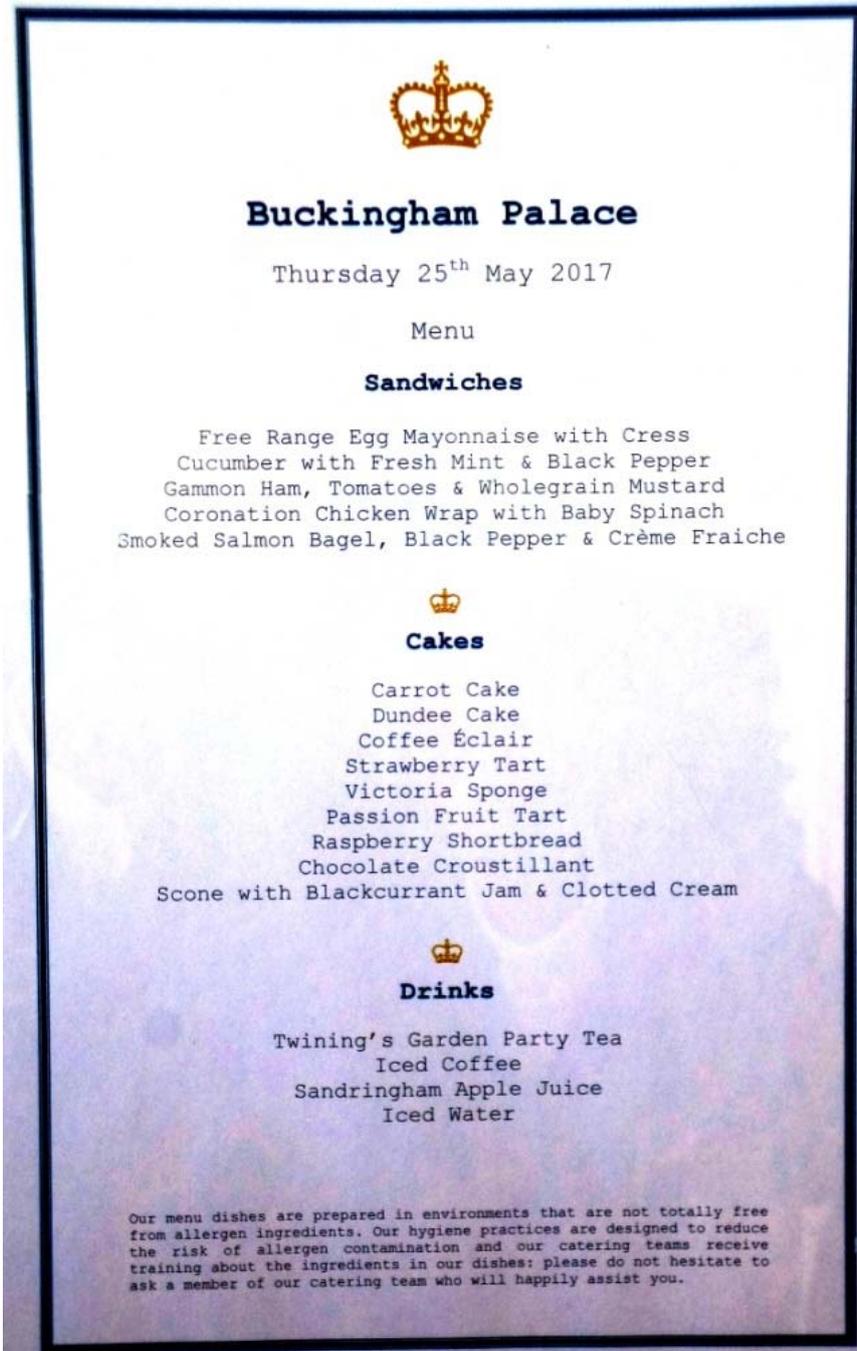
Mike Wabe – 'Life in Medieval England'

I think the title speaks for itself. Those of us who are interested in history or life as it used to be in our Area will thoroughly enjoy this evening, and others will also find it worthwhile to realise how much we have evolved since those days. Definitely a note for your diaries. Remember you can also bring a relative or friend with you who is interested. The glorious raffle, with tea or coffee (and even a biscuit) as usual by popular demand.

October and November will be announced in the next newsletter. November is our Social evening.

Chairman's Chunterings!

This year (2017) marks the centenary of the formation of RoSPA. You may have noticed the article in a recent Care on the Road newsletter where RoSPA's patron, HRH The Duke of York, was featured chatting to RoSPA and RoADAR personnel. Well, he must have been pleased with the experience because this led to groups receiving two invitations to a RoSPA Royal Garden Party at Buckingham Palace in the presence of our patron. So, on behalf of our Group, the Chairman, Treasurer, and Membership Sec donned their best apparel on May 25th and made their way to the palace. The weather was at its best, the tea was excellent,



and with two military bands playing alternately, the atmosphere was thoroughly enjoyable. We were not selected to be amongst of the privileged guests to be introduced to the Duke; those were few – mostly VIPs and a few celebs formed the line-up.



Test Results

Test Results

Since the last issue of drivelines, we have been notified of the following test pass:

Steve Williams

Silver (Initial)

Tutor
Malcolm Berry

COMMENTARY

As an aid to concentration and observation, a commentary about what the driver sees and what he is doing whilst driving can be an important factor in keeping the drive, safe, smooth and well controlled. It is very surprising that the majority of people do not like giving a 'commentary drive', but when they are driving up to Advanced Standard what the driver is doing is running thorough their mind all the time. A commentary is just putting those thoughts into words. Pick out the important and salient points to include in the commentary. One of the downfalls in commentary driving is that the driver does try to include too much detail and as such, misses out something vital or he dries up because he is overwhelmed with information. Set out below is a sample commentary. You may be asked during your Advanced Test Drive to give a commentary.

‘Mirror check – describe conditions behind. I am driving a (describe car) along the (road number and name) towards (name of town). The road surface is (describe road conditions, dry/wet slippery from water/ice/gravel or good condition and good or bad for braking efficiency) Mirror check (describe the conditions behind). Type of road, (single carriageway, dual carriageway or other). Speed limit and whether in country or town. Traffic conditions front and rear. (Look as far ahead as possible) Describe road lay-out, bends approaching, right or left, traffic signs (if any) (early warning gives more time for anticipation and action). Hazards with what action you will or are taking (changing to a lower gear, braking, etc). Before any action, mirror check (with result). Describe your aids to safety (people waiting at bus stop, anticipate a bus shortly, time of day for school-children, etc., shadows, junctions and reflections. The list is endless, but you get the idea. Mention anything which helps you in your drive. (Every so often during the drive) examine your controls for temperature, oil pressure and fuel or other warning lights.) Mirror Check.’

Practice makes perfect.

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Your Editor - Noel

This Newsletter is produced for the interest of the members of the Norfolk and Norwich Group of the RoSPA Advanced Drivers and Riders Association. It details forthcoming events and has articles of a general interest to our members, which have been supplied by the members, the committee and Editor. As a result any views expressed are those of the local Group only, unless so detailed and not of the Royal Society for the Prevention of Accidents being the parent organisation